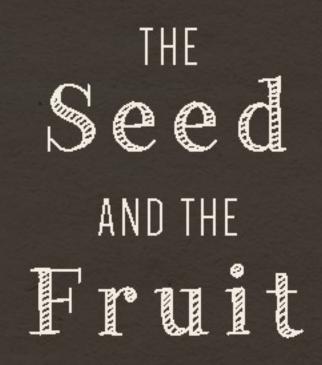


In the same way that a seed contains the genetic code of a fruit, the Word of God contains the genetic code of the Kingdom.

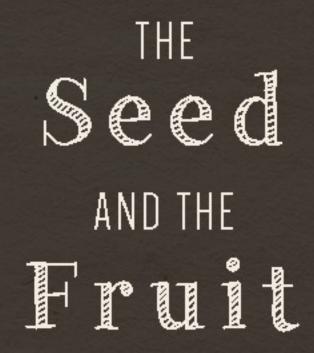


But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Those who belong to Christ Jesus have crucified the flesh with its passions and desires. Since we live by the Spirit, let us keep in step with the Spirit.

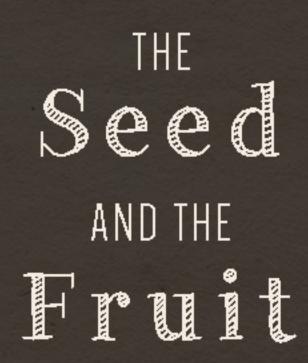
Galatians 5:22-25

THE Seed AND THE FIGURE

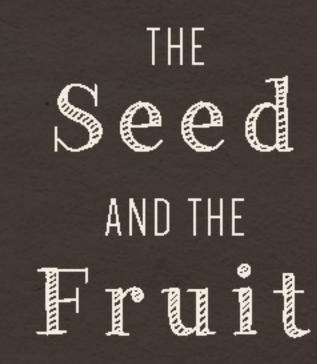
Bearing fruit is proof to a healthy spiritual life.



The process from seed to fruit reflects a complete cycle in our spiritual lives.



...whose delight is in the law of the Lord, and who meditates on His law day and night. That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither— whatever they do prospers. Psalm 1:2-3



The Fruit is Meant to Help Us Win Our Battle With the Flesh

You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love. So I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want.

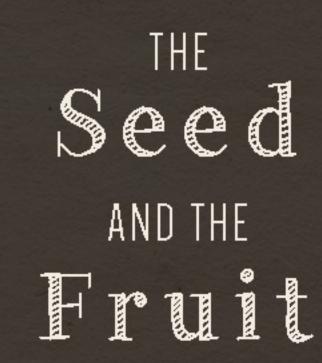
Galatians 5:13,16-17

Seed
AND THE
Fruit

CHICAGOTABERNACLE

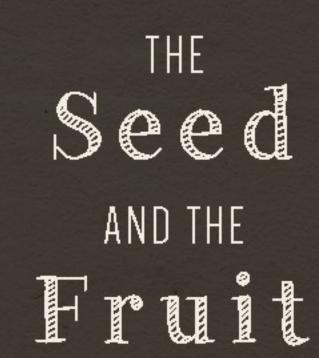
The Spirit Bears Fruit Through Us So We Can:

Experience Emotional Freedom
Express Relational Freedom
Exercise Moral Freedom



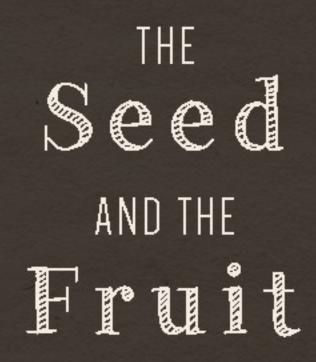
"It is impossible to be spiritually mature without being emotionally healthy."

-Peter Scazzero



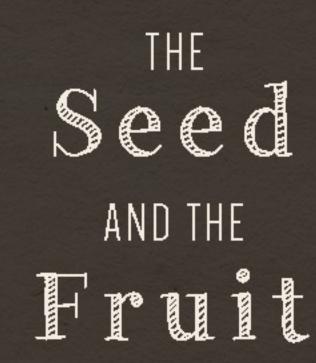
The Fruit that Produces Emotional Freedom Are:

Love
Joy
Peace



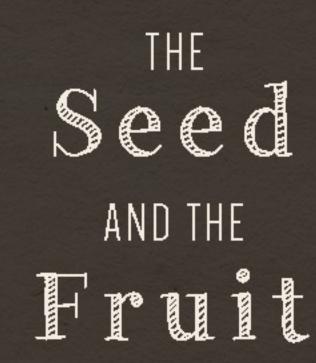
Fruit of Emotional Freedom: Love

<u>Definition of Love</u>: Knowing that you're loved by God and walking in the comfort and generosity that His love produces.



Fruit of Emotional Freedom: Joy

<u>Definition of Joy</u>: Gladness of heart that grows within us and powerfully influences us to have a positive outlook on life.



To bestow on them...the oil of joy instead of mourning... Isaiah 61:3

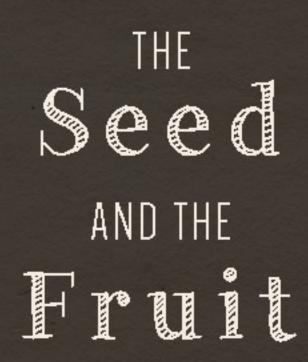
Seed

AND THE

Fruit

Fruit of Emotional Freedom: Peace

<u>Definition of Peace</u>: The assurance of God that gives us serenity and moderation of soul.



Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:5-7



The Fruit of Emotional Freedom

- -If you don't deal with your issues in your singleness, you will deal with them in your dating.
- -If you don't deal with your issues in your dating, you will deal with them in your engagement.
- -If you don't deal with your issues in your engagement, you will deal with them in marriage.
- If you don't deal with your issues in marriage, you will with the deal them in your children. See \mathbb{S}

AND THE
Fruit

Do you feel God's embrace?

Do you walk in His pleasure?

Do you have an assurance of His presence?

THE Seed AND THE FIGURE