

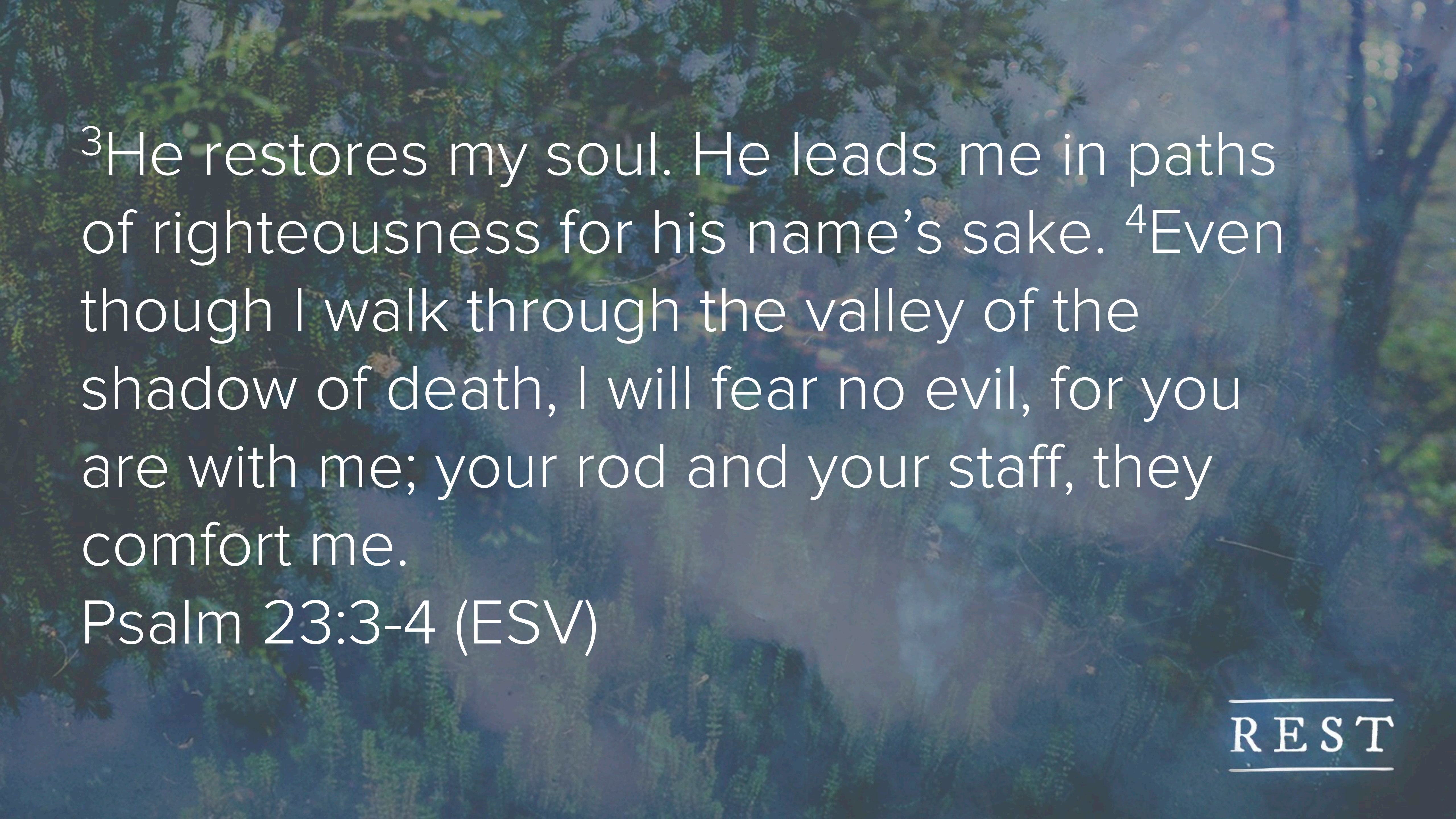
<sup>1</sup>The Lord is my Shepherd, I lack nothing.

<sup>2</sup>He makes me lie down in green pastures, he leads me beside quiet waters, <sup>3</sup>he refreshes my soul. He guides me along the right paths for his name's sake. <sup>4</sup>Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

Psalms 23:1-4 (NIV)

REST





<sup>3</sup>He restores my soul. He leads me in paths of righteousness for his name's sake. <sup>4</sup>Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

Psalms 23:3-4 (ESV)

REST



<sup>3</sup>He refreshes and restores my life (my self);  
He leads me in the paths of righteousness  
[uprightness and right standing with Him—not  
for my earning it, but] for His name's sake. <sup>4</sup>Yes,  
though I walk through the [deep, sunless] valley  
of the shadow of death, I will fear or dread no  
evil, for You are with me; Your rod [to protect]  
and Your staff [to guide], they comfort me.

Psalms 23:3-4 (AMP)

REST



REST IN HIS PROCESS







Process: To put through the steps of a prescribed procedure.

REST





## In God's Process:

1. He Restores Us
2. He Leads Us
3. He Comforts Us

REST





# He Restores Us

...He **restores** my soul.

Psalms 23:3 (ESV)

REST



# He Restores Us

"He restoreth my soul." When the soul grows sorrowful He revives it; when it is sinful, He sanctifies it; when it is weak, He strengthens it. **He** does it. His ministers could not do it if He did not."

– Charles Spurgeon

REST



# He Restores Us

Restores: to return or renew the inner self that thinks and feels, wills and desires.

REST





# He Restores Us

God's presence restores us, bringing tears of assurance, cleansing, and healing.

REST



# He Leads Us

He **leads** me along the right paths for His name's sake.

Psalms 23:3 (ESV)

REST



## He Leads Us

Your path led through the sea, your way  
through the mighty waters, though your  
footprints were not seen.

Psalms 77:19 (NIV)

REST



# He Leads Us

<sup>6</sup>Paul and his companions traveled throughout the region of Phrygia and Galatia, having been kept by the Holy Spirit from preaching the word in the province of Asia. <sup>7</sup>When they came to the border of Mysia, they tried to enter Bithynia, but the Spirit of Jesus would not allow them to. <sup>8</sup>So they passed by Mysia and went down to Troas.

Acts 16:6-10 (NIV)

REST



## He Leads Us

<sup>9</sup>During the night Paul had a vision of a man of Macedonia standing and begging him, “Come over to Macedonia and help us.” <sup>10</sup>After Paul had seen the vision, we got ready at once to leave for Macedonia, concluding that God had called us to preach the gospel to them.

Acts 16:6-10 (NIV)

REST



# He Comforts Us

Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they **comfort** me.

Psalms 23:4

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REST

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# He Comforts Us

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.

2 Corinthians 1:3-4

REST





# He Comforts Us

The work of the Holy Spirit is to make us new,  
strong, and dependent on Jesus.

REST