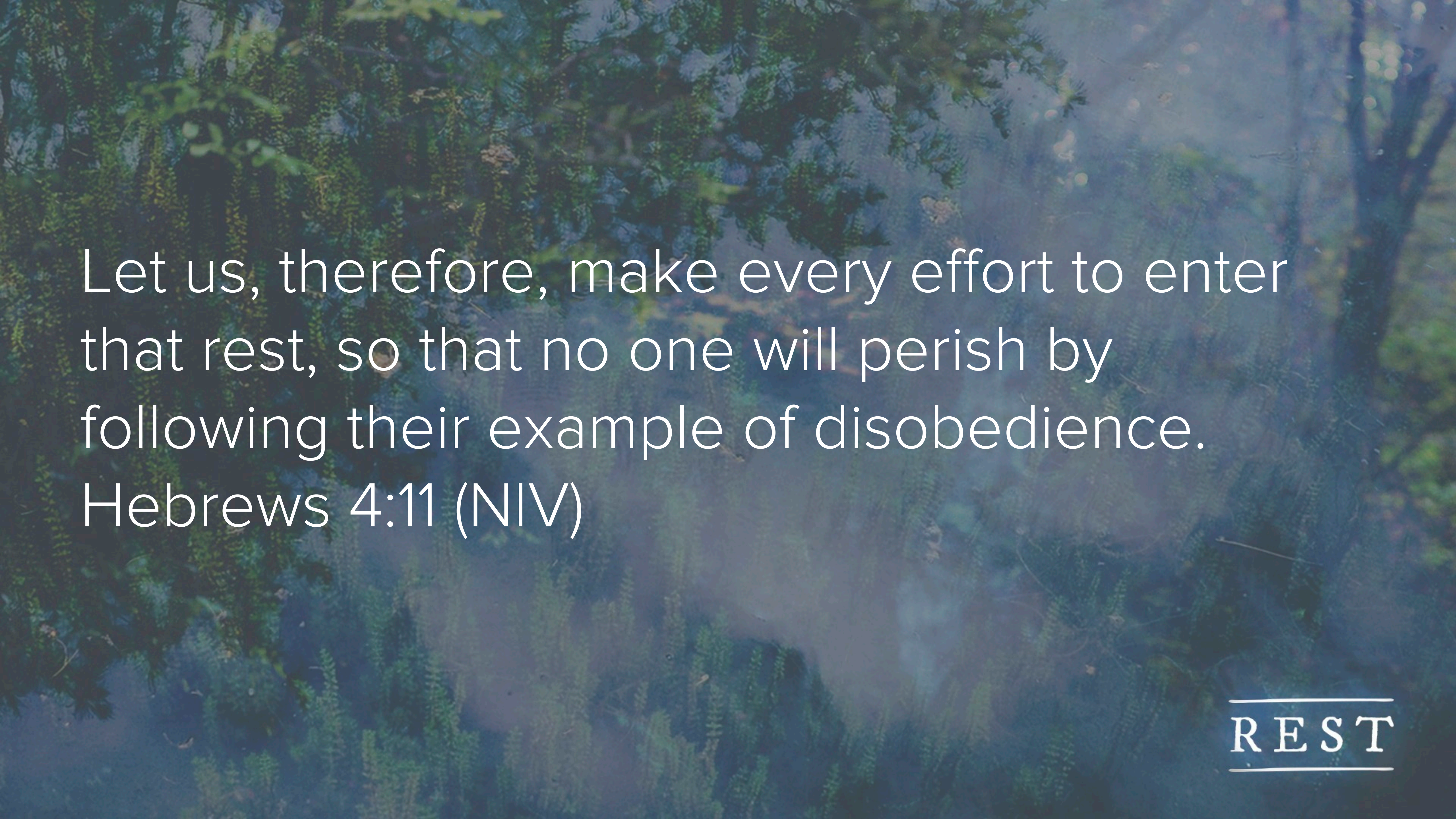


¹⁶Who were they who heard and rebelled?
Were they not all those Moses led out of
Egypt? ¹⁷And with whom was he angry for
forty years? Was it not with those who sinned,
whose bodies perished in the wilderness?
Hebrews 3:16-19 (NIV)

REST

¹⁸And to whom did God swear that they would never enter his rest if not to those who disobeyed? ¹⁹So we see that they were not able to enter, because of their unbelief.
Hebrews 3:16-19 (NIV)

REST



Let us, therefore, make every effort to enter
that rest, so that no one will perish by
following their example of disobedience.
Hebrews 4:11 (NIV)

REST



Definition of Rest:

Cessation of motion or action of any kind;
to cease from work.

REST

The Rest Of God In The Promise Land Was Marked By Three Things:

1. Peace
2. Blessing
3. Victory

REST



Spiritual Rest is possessing the peace,
blessing and victory that God has promised
to His people.

REST



"Rest is not ceasing from motion, but in motion
being at complete trust in God."

– Alexander Maclaren

REST



"Only faith can enter into rest and the fullness
of faith enters into the fullness of rest."

– Andrew Murray

REST

¹The Lord is my Shepherd, I lack nothing. ²He makes me lie down in green pastures, he leads me beside quiet waters, ³he refreshes my soul. He guides me along the right paths for his name's sake. ⁴Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

Psalms 23 (NIV)

REST

⁵You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. ⁶Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.

Psalms 23 (NIV)

REST



¹The Lord is my Shepherd; I have everything I need. ²He lets me rest in fields of green grass and leads me to quiet pools of fresh water.

Psalms 23:1-2 (GNT)

REST

REST IN HIS PROVISION





Definition of Provision:

The act of supplying for one's needs in a timely fashion.

REST



**God takes charge of meeting our
four greatest needs:**

To Live, To Love, To Learn and
To Leave a Legacy

REST

The Lord's Rest is Based on the One Who is the Provider

The Lord is my Shepherd; I have everything I
need...

Psalms 23:1 (GNT)

REST

The Lord's Rest is Based on the One Who is the Provider

I am the good shepherd. As the Father knows me and I know the Father, in the same way I know my sheep and they know me. And I am willing to die for them.

John 10:14-15 (GNT)

REST





The Lord's Rest is Based on the One Who is the Provider

Keep your eyes on the Shepherd, not the
circumstances!

REST

The Lord's Rest is Based on Time

"The Lord IS my Shepherd..."

Psalms 23:1

REST

The Lord's Rest is Based on Time

Rest is trusting in God's present nearness
versus the uncertain future.

REST

The Lord's Rest is Based on Time

“So do not start worrying: ‘Where will my food come from? or my drink? or my clothes?’ Your Father in heaven knows that you need all these things. Instead, be concerned above everything else with the Kingdom of God and with what he requires of you, and he will provide you with all these other things.

Matthew 6:31-33 (GNT)

REST

The Lord's Rest is Based on Time

So do not worry about tomorrow; it will have enough worries of its own. There is no need to add to the troubles each day brings.

Matthew 6:31-33 (GNT)

REST

The Lord's Rest is Based on Time

Take your eyes off the future and focus on the Shepherd being present.

REST

The Lord's Rest is Based on the Promise of the Shepherd

Surely your goodness and love will follow me
all the days of my life, and I will dwell in the
house of the Lord forever.

Psalm 23:6

REST