

So I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. But if you are led by the Spirit, you are not under the law.

The acts of the flesh are obvious: sexual immorality, impurity and debauchery; idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.

But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Those who belong to Christ Jesus have crucified the flesh with its passions and desires. Since we live by the Spirit, let us keep in step with the Spirit.

Galatians 5:16-25 (NIV)

Do not be deceived: God cannot be mocked. A man reaps what he sows. Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life. Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.

Galatians 6:7-9 (NIV)

Growing as a Christian is the process of Sanctification

For by one sacrifice He has made perfect forever those who are
being made holy.

Hebrews 10:14

***"The growth process as a Christian
(Sanctification), is instantaneous and progressive."***

CYCLE OF FRUITFULNESS

CHICAGO TABERNACLE

CYCLE OF FRUITFULNESS



CYCLE OF FRUITFULNESS



Realization

Recognizing
the Spirit

So I say, live by the Spirit, and you will not gratify the desires of the sinful nature.

Galatians 5:16

We need to discern the difference between the flesh and the Spirit.

CHICAGO TABERNACLE

Once you see the flesh, **DENOUNCE** the flesh and **EMBRACE** the Spirit.

In the same way, count yourselves dead to sin but alive to God in Christ Jesus.

Romans 6:11

Realization: Recognizing the Spirit

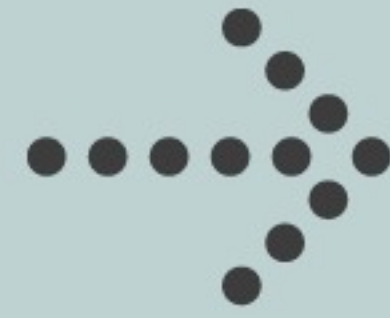
To the Jews who had believed him, Jesus said, “If you hold to my teaching **(Ways of the Spirit)**, you are really my disciples. Then you will know the truth **(Spirit)**, and the truth will set you free.”

John 8:31–32

CYCLE OF FRUITFULNESS

Realization

Recognizing
the Spirit



Application

Sow into
the Spirit

So I say, walk by the Spirit, and you will not gratify the desires of the flesh. But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Those who belong to Christ Jesus have crucified the flesh with its passions and desires. Since we live by the Spirit, let us keep in step with the Spirit.

Galatians 5:16, 22-25 (NIV)

Daily Sow the Spirit into Your Negative Cycles

Those who sow with tears will reap with songs of joy. Those who go out weeping, carrying seed to sow, will return with songs of joy, carrying sheaves with them.

Psalm 126:5-6

So do not throw away your confidence; it will be richly rewarded. You need to persevere so that when you have done the will of God, you will receive what he has promised. For, "In just a little while, he who is coming will come and will not delay." And, "But my righteous one will live by faith. And I take no pleasure in the one who shrinks back."

Hebrews 10:35-38

CYCLE OF FRUITFULNESS



Integration: Fruition of the Spirit

Do not be deceived: God cannot be mocked. A man reaps what he sows. Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life. Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.

Galatians 6:7-9 (NIV)

At the proper time walking in the Spirit will become a ***part of your nature***, which will give you spiritual responses, actions and impulses that are second nature.